

McFarlin Memorial United Methodist Church Resource List - Revised March 13, 2020

General Help and Community Resources: Call 211 or Text: 211OK to 898211 or Go to: www.211oklahomahelpline.org/ For more information on Food pantries outside of Norman, go to: [http://www. foodpantries.org/ci/ok--moore](http://www.foodpantries.org/ci/ok--moore)

Norman Food Pantries	Address	Times and Requirements/Limits	Contact	Website
Alameda Baptist Church	1503 Alameda	T/Th 10-12 by appt only. Call & leave message before 8am T/TH Norman/Noble Res. w ID (3x a yr.)	329-5157	
Alameda Church of Christ	801 E Alameda	Wed. 10-12:00, Photo ID, birth cert. required for children under 18 4th Thurs: 5:30-7:30, 2nd Sat: 9-12 Verification of Residence in McClain/Cleveland Co.	321-0788	
Crosspointe Church	2601 SE 24 th	1st-4th Fridays (no 5th Friday) 10:30-12:00 Pic. ID required, limit every 60 days	329-0823	
FBC of Norman	211 W Comanche	1st Sunday groceries 4:30-5:30 (or call for appt. M-F 8-5), Community Dinner 1st Sunday 4-5:00	321-1753	
*+Food and Shelter, Inc.	201 Reed	Breakfast @8:00 & lunch @ 11 M-Sat. & Sunday @ 12:00. Pantry open 1-3:30 Tues-Sun.	360-4954	
+Goodrich UMC Care Closet	200 W. Hayes	3 rd Thurs. 11:00- 12:00 hygiene/paper items Norman residents, ID required	321-0975	
LifeSpring Church	600 W. Tecumseh	1st Sat. 10:00-11:00am, Picture ID required		www.lifespringnorman.com
+McFarlin UMC Pantry	419 S University	T & Th: 9-12, 1-4:00 14 day limit, Pic ID & Proof of Res. in Norman/Noble/Little Axe	321-3484	
*McFarlin Tues. Together	419 S University	2 nd Tues 6-7:00 Free community dinner in Fenn Hall (Pastoral care T,W,Th 2-4)	321-3484	
Meals on Wheels	528 E Main	M-Th 7:30- 3:30, F: 7:30-2:00 Must be over 60, disabled or doctor referral	321-7272	
*Mission Norman	2525 E. Lindsey	MTW: 10-2 (but closed 11-12) Th: 2-5:00pm, F:10-12 NO ID required (30 day limit)	321-8880	
NormanAdventist.com	1818 E. Alameda	3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland Co. (3x yr limit)	250-3589	
Salvation Army Meals	318 E Hayes	Dinner 5-6 Hot meals – 7 days a week	364-9910	
Salvation Army Food Pantry	1124 N. Porter	T/Th. 1-3, ID/Proof of Residence and Income, Cleveland Co. Residents only, 30 day limit	364-9910	

St. John's Episcopal	235 W. Duffy	Wed. only 12-2 Non-perishable items for homeless, State ID vouchers, Birth Cert Apps	321-3020
Trinity Baptist Church	801 N Peters	Wed. 4:45-6:00 some date exceptions Norman/Noble res. ID/proof of res. Lim. 3 mo.	321-2000
Univ. of Oklahoma	1113 Elm Ave	Tues./Wed. 11-1, 4:30-6:30 Student or OU Employee ID card required	
Notes: + Hygiene items; * Winter coats (seasonal if available) Call for info.			

Food Pantries in South and East of Norman:

First Baptist of Noble	330 E Chestnut	M 1:30-3:00 Pic ID/Proof of Res. in Noble: HW77 East -96th & Cem. Rd-Post Oak 1x mos.	872-3529
First Baptist of Lexington	900 E. Broadway	T-TH (9-4:00) Driver License, (1x 90 days), Call first	527-6758
First Methodist of Lexington	631 E. Ash, Lex	3rd Saturday, 12-4:00 Area residents may shop for food items	527-3506
First State Bank – Noble	102 N. Main	M-F 9-5, Sat. 9-12 1x limit 6 months, Fill out questionnaire	872-3434
Hilltop Baptist- East Norman	11710 E Stella Rd	M and Th 9:30-12, 2nd Sat. 9-11 ID required (within 12 mile radius) every 30 days	794-0603
Little Axe Community Center	1000 168 Ave NE	Thursdays 3:00-3:30 For residents in Little Axe School Dist., ID, Proof of Res. Required	292-9770
Noble Senior Center	600 E. Maguire Road	M-F 11:30-12:00 Lunch served to residents over 60, Call	872-5921
Noble Cupboard	115 N. 2nd St.	24/7 Self-serve pantry located in front of Noble Police Station	
12 Corners Baptist Church	156 th /Etowah Road	Call for info. ID required: Noble and surrounding area residents only	312-1442
Slaughterville Baptist Church	10101 60 th St. Lexington	2nd Sat. 9-12 For Slaughterville residents, ID required	872-5576 www.svillebc.com

Food Pantries in Moore:

Food Resource Center	2635 N. Shields Blvd	M:12:30-5:30, W-F 10-3, 3rd Sat 9:30-11:30 S Okc, 73160,73165, 73170 Photo ID, proof of residence	600-3182
First Baptist of Moore	301 NE 27 th /I-35	Mon. 10-1, 5:30-7:00 73160 zip code only, Pic ID and utility bill, 1x mo.	793-2600
freshstartok.com	309 N. Eastern	3rd Thurs. 5-6 Residents of Moore Pic ID required	794-7313

Highland Baptist (Moore)	2425 SE 4 th	9-12 Tues, and Thurs. hours changing soon call first 60 days limit Proof of Res. Pic. ID	794-5432
Regencypark.church	2001 N. Janeway	10-4 Wed. Zips: 73160 or 73139 Proof of res. photo ID and SS Card 6x a yr.	794-3507
St. Andrews Catholic	800 NW 5 th Moore	T/F 10-noon, closed 2nd Tues. utility bill photo ID (30 days) Moore School dist. only	799-3334
<i>Contact Mary Sallee (mksallee@jcloud.com) to update any info.</i>			

CHILDREN (MOTHERS)

Back to School Round-Up		Backpacks/school supplies distributed in August. Check website for dates/requirements	www.alameda-streams.org
Head Start Program	1333 W Main	Young children daycare special needs	292-6440 Headstartprogram.us/city/ok-norman
Infant Crisis Center of OKC	4224 N. Lincoln Blvd	For Baby Mobile info/schedule to Norman, go to: infantcrisis.org/get-help/babymobile/	528-3663
Loveworks Leadership		After school leadership program for ages 11-14 to develop character and inspire young entrepreneurs Operation School Bell and OSB on Wheels; Provides new clothes/shoes for school children -18 yrs (including prom)...Contact school counselor	Loveworksleadership.org
Variety Care: Women/Children's (formerly Norm. Ped. Clinic)		1237 Alameda, Care for uninsured/under insured children, nutritionist on Fridays.	632-6688
Variety Care Full Service Dental Care		Free transport from Norman to OKC	varietycare.org/full-service-dental-for-children---adults.html
Kaleidoscope Grief Support		Free support for children and families grieving the death of a loved one. For more info, call	306-0052

CLOTHING CLOSETS

Alameda Church of Christ	801 E Alameda	Wed. 10-12, Photo ID, most recent utility bill, child birth cert.	321-0788
Church of Christ in Noble	111 N. Main	3rd Saturday, 8-10:00 am or by appointment (clothes, bedding, shoes, etc.)	872-3140
Crosspointe Church	2601 SE 24th	1st-4th (no 5th) Friday 8:30-10:30, Picture ID required, 60 day limit	329-0823
First Baptist of Norman	211 W Comanche	1st Sunday, 4:30-5:30 or by appointment M-F 8-5. (Clev. Co. Res. only) ID required	321-1753

First Presbyterian Thrift Shop	402 Toberman	Every Thurs. 9-4 minimum cost, (vouchers available at shop 1-2:30 only)	321-0933	
Norman Seventh Day Adventist Church	1818 E. Alameda, Norman	3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland Co. (3x yr limit)	366-7772	Normanadventist.com
Regency Park Baptist Church	2001 N. Janeway, Moore	10-4 Wed. Zips: 73160 or 73139 Proof of residence, photo ID and SS Card required	794-3507	regencypark.church
Salvation Army	1124 N. Porter	Clothing for homeless anytime, proof of homelessness, ID and income	364-9910	
St. Johns Episcopal Church	235 W. Duffy	Wed. only, 12-2 (Clothing and small coat closet)	321-3020	
St Joseph's Catholic Thrift Store	211 N. Porter	Wednesdays 9-3, minimal cost (free if can't afford – No ID required) 1x month	701-3693	
<u>MENTAL HEALTH</u>				
OK Dept. of Mental Health/Substance Abuse Services		Reachout Hotline 800-522-9054 / Gambling:1-800-522-4700	573-6623	ok.gov/odmhsas/
National Assoc. of Mental Illness (NAMI) - Cleveland County	1104 Riviera Drive, Norman	Prog for families/caregivers; Meets: 3rd Thursday of every month, 6:30 – 7:45 pm	Ruth:361-9667	https://www.namioklahoma.org/support-groups
Red Road Counseling Serv.	201 N Broadway, Ste 100, Moore	Affordable outpatient mental health provider, educ. treatment and aftercare	990-0816	
Red Rock Behavioral Services	900 E. Main, Bldg 52 Unit 200	Private (non-profit) Psychiatric Crisis Center (suicide, no insurance pref.)	424-7711	Red-rock.com
Thunderbird Clubhouse	1251 Triad Village Dr Clubhouse	For adults recovering from mental illness (Referral required)	321-7331	
Transition House thouse.org	700 Asp Ave. #2	Transitional living program for adults with mental illness	360-7926	
Central OK Comm Mental Health	909 E. Alameda	Adult Outpatient mental health service, private ins. accepted, McClain/Clev. Co.		
Child and Family Center	1120 E. Main	Parent's I.D. Required, birth certificate		
Community Works	805 E. Robinson	A behavioral health/addiction agency providing outpatient counseling		cworksok.com
County Health Dept.		Short-term mental health support and community resources navigation		(meagenw@health.ok.gov)
Crossroads Youth and Family Services	1333 W. Main	Counseling, Emergency Youth Shelter, Headstart and Daycare with special needs		Crossroadsyfs.org
Depression and Bipolar Support Alliance	419 S. University, Norman	Support group meets at McFarlin on Thurs @ 7:00 Rm 229 Call first:	503-1948 / 596-5616	www.dbsaok.org
Griffin Children's Recovery Center	320 12 Ave NE	Children's Psychiatric Care (In and outpatient) insurance required	573-3819 / 573-3842 / 364-9004	https://www.ok.gov/odmhsas/Mental_Health_/Children's_Recovery_Center_of_Oklahoma.html

Griffin Memorial Hospital	900 East Main	Adult psychiatric in-patient care admissions	321-4880	https://www.ok.gov/odmhsas/Additional_Information/Griffin_Memorial_Psychiatry_Residency_Program/
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EMPLOYMENT:

Oklahoma Works			234-5000	Okjobmatch.com
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MEDICAL Also see under **CHILDREN**

Central OK Comm. Action	1183 E Main, Comm. Serv Bldg F	Eye glasses prescriptions and prescr. for under insured. (RX Okla) As available; Pick up apps for RX for Oklahoma Program, call leave message	701-2170	www.cocaa.org
County Health Dept.	250 12th Ave NE	M-F 8:30-3:30, TB tests M-W 8:30-3:30, Immunizations	321-4048	
Etowah Baptist Church	18901 E. Etowah Rd, Noble	Pharmacy/dinner – every 4th Tues. 6-7:00 (not 4th wk of month) Call, leave message	899-7378	
JD McCarty Center for Children	2002 E. Robinson	Therapy and medical care for children with developmental disabilities	307 2800	www.jdmc.org
Mission Norman	2525 E. Lindsay	Up to \$25 on non-narcotics, Will call pharmacy to verify prescription 1x a yr limit	321-8880	
Norman Addiction Info (NAIC)	215 W. Linn	Outpatient – counseling for drug addition, gambling and substance abuse	321-0022	
OK Mission of Mercy Free Dental Clinic		March 13-14, 2021; Clinic in 2021 in Shawnee 3/13-14.		okdf.org/resources/free-low-cost-clinics
Slaughterville Baptist Church	10101 60th St Lexington	Med./Dental Clinic for area res. 2nd Sat. from 9-11, ID requ; Call for info/dental dates	872-5576	
County Health Dept.	250 12th Ave NE	M-F 8:30-3:30, TB tests M-W 8:30-3:30, Immunizations	321-4048	
Etowah Baptist Church	18901 E. Etowah Rd, Noble	Pharmacy/dinner – every 4th Tues. 6-7:00 (not 4th wk of month) Call, leave message	899-7378	
Variety Care Fam. Medicine	317 E. Himes	M-F, 8:30-5 Health and prescription assistance for adults and seniors.	632-6688	
Primary Medical (and Dental Care in Okc)		Accepts SoonerCare, Medicare & self pay (sliding scale based on income)		Varietycare.org

RENT and UTILITY and FINANCIAL ASSISTANCE

Aging Services (Utilities and Rent)	1179 E Main	60 yr or older, call for home assessment, 1x a year limit	321-3200	
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Alameda Church of Christ (utilities)	801 E Alameda	Call Mondays @ 8:00 am for appointment on Wed. 1x a yr (3x max)	321-0788	
Central OK Comm. Action cocaa.org	1183 E Main Bldg F	Rental and Utility (RX Okla) As available Call and leave message	701-2170	
Food and Shelter for Friends (rent)	201 Reed	Call for info/availability, proof of income and eviction notice required	360-4954	
Lifespring Church (rent/utilities)	600 W. Tecumseh	1st Sat. 10-11, assistance with past due or cut-off notice, Pic ID required		lifespringnorman.com
McFarlin Methodist (utilities)	419 S University	Thu. 8:30-9:00 am, gas/water/elec only docum. required	321-3484	
Mission Norman (utilities or rent)	2525 E. Lindsey	Nor/Noble/Little Axe only; MTW 10-2 closed 11-12, TH: 2-5:00, F 10-12 (will pay last \$25 of bill) 1x yr	321-8880	
Salvation Army (utilities)	1124 N. Porter	1st Tuesday of month Call @ 9:30, 1x per year limit (3x lifetime limit)	364-9910	
Slaughterville Baptist Church	10101 60th St,	Lexington Helping Hands Ministry. Call for an appointment	872-5576	
St. Andrew's Catholic (utility/other)		Moore school district only, Call and leave message	799-3334	
St. Joseph's Catholic (rent/utility)		Norman/Noble area Call for appointment. 1x a year limit	701-3693	
St. Thomas More (rent, utilities)		Call for Appt. Norman/Noble residents, ID/proof of residence 1x year limit	329-5372	
St. Mark's Evangelist Catholic		Norman/Blanchard area, Call and leave a message	366-8070	
Our Lady of Victory (rent/utilities)		For Purcell/Lexington area, Call and leave a message	527-3077	
Women's Sanctuary Development Center	425 E. Tonhawa	Help with rent, utility deposit. Also help with IDs and birth certificates, GEDs	701-8293	

GENERAL ASSISTANCE in Cleveland County

ABLE	300 N. Crawford	Provides group homes/employment for people with develop. disabilities M-F 8-4	329-3922	okable.org
Amongfriendsnorman.org	1185 E Main	Activity Center (social interaction) for adults with additional needs and disabilities	701-2121	
Baby Steps (Jr. League of Norman)	941 Nebraska	Provides childcare, counseling/parent classes for teen parents at NPS, car seats	360-2717	
Bethesdaok.org	1181 E. Main	M-F 8:00-5:00 psychotherapeutic counseling/treatment for sexually abused children	364-0333	
Big Brothers Big Sisters bbsok.org	502 E. Main	8:30-5:00, M-F, Children ages 6-17 matched with mentor	364-3722	

Birth Choice in Norman	457 West Gray	M-TH 10-4, Friday 10-2 1-800-848-LOVE willowpregnancy.org	360-9555	
Southcentralcasa.org	1167 E. Main 2nd floor	Court-appointed advocates for abused/neglected children in court system	360-5295	
Center for Children and Families (CCFI)	210 S. Cockrel	Diaper Closet, (M-F 8-5) Limit 2x a month, Parenting classes, counseling services Boys and Girls Clubs, teenage and new parent classes, divorcing/co-parent services	364-1420	ccfinorman.org
Central OK Community Action Agency	1155 E. Main	Assistance toward eye care, dental, prescription, rent/utility while available.	405-701-2170	
Comm. After School Program caspinc.org	1023 N. Flood	Tuition based for children with working parents, some scholarships available	366-5970	
Compassionate Friends	1177 E Main	A self-help org that helps people deal with grief after the death of a child	630-7546	
Crossroads Youth and Family Services	1650 W Tecumseh Rd	Emergency youth shelter, onsite counseling services for children and families	321-0240	Crossroadsyfs.org
OK DHS		To report abuse and neglect: State Hotline:	1-800-522-3511	okdhs.org
Cleveland County DHS (Norman Office)	631 E Robinson	To apply for SNAP food stamps , Daycare Medicaid temporary assistance,	573-8300	
Cleveland County DHS (Moore Office)	2507 N Shields	and Temporary Assistance for Needy Families (TANF)	912-2000	
Full Circle fullcircleok.org	4223 28th Ave NW	Adult Day Services – Open M-F, 7:30-5:30 and 2 nd Sat of the month: 8-4	447-2955	
Habitat for Humanity Restore	1100 W. Main	Buy new and used bldg supplies/furniture/appliances at a discounted price	360-7868	
OU Legal Clinic	300 Timberdell Rd	8-5 M-F, Assistance (as available) for low-inc. Cleveland/McClain Co. residents	325-3702	
Mary Abbott Children's House	231 E. Symmes	Offers coordinated investigation and intervention services to child abuse victims	579-5800	
PFLAG (Parents, Families and Friends of Lesbians and Gays)	1801 W. Brooks	Provides support/advocacy. Meets at St. Stephens UMC 2nd Thu/month @ 7	360-4497	
Planned Parenthood	2100B W. Lindsay	Pregnancy testing, HIV testing and counseling, contraceptive services		plannedpaenthood.org
Progressive Independence	121 N. Porter	M-F 830-5 info/referral/peer counseling/skills	321-3203	
RAIN Oklahoma	5001 N. Penn Ste 100 OKC	Free HIV Testing Advantage Services, Case Management 8:30-4:30, M-F	232-2437	

Second Chance Animal Sanctuary		A nonprofit sanctuary for stray/abandoned or abused cats and dogs.	321-1915	www.secondchancenorman.org
Social Security	200 NE 27th Moore, OK		1-866-964-4261 / 1-800-772-1213	ssoffice.locations.org/oklahoma/cleveland-county/

SENIORS and VETERANS **For up-to-date senior services, go to:**

www.unitedwaynorman.org/help
See "Senior Resource Guide"

Aging Services office:	1179 E Main Peters	329 S.	Respite program, light housekeeping and congregate meals for small donation	321-3200	
Cleveland Co. Health Dept. 250 12th Ave NE			Mark Bradley, Veteran's Coordinator	321-4048	markbr@health.OK.gov
Veteran's Corner (in Newcastle)	3805 SE 44th St.		Veteran's Helping Veterans; Call for hours	387-5070	veteranscorner.net
Envision Success	1151 E. Main Bldg G		Equipping veterans: counseling, job placement resume' skills and more	701-2015	Envisionsuccessok.org
Purple Heart Homes USA			Provides home repairs for Service Connected Disabled and Aging Veterans (No Purple Heart requ.)	704-838-4044	purplehearthomesusa.org
American Red Cross Hero Care Network Services to Armed Forces			Assistance for financial emergencies, reintegration, counseling	877-272-7337	

TRANSITION HOUSING and SHELTER

Bridges	1670 Stubbeman Ave		Provides qualifying H.S. students with access to	579-9280	bridgesnorman.org
Food and Shelter for Friends	201 Reed		Call for Info: Monday - Friday 9-5	360-4954	
Habitat for Humanity	1100 West Main,#100		Ecumenical housing ministry that seeks to eliminate substandard housing.	360-7868	cchfh.org
Mission Norman			Housing for homeless families with children; Call for application	321-8880	
Norman Housing Authority	700 N. Berry Rd		Housing/rental assist. for low-inc. families, handicapped/elderly	329-0933	normanok.gov/city/norman-housing-authority
Salvation Army	318 E Hayes		As space permits (14 day limit every 45 days) Valid ID, check-in @4:30- 6, 1 bag limit	364-9910	
Thunderbird Clubhouse	1251 Triad Village Dr.		Clubhouse for adults recovering from mental illness	321-7331	
Women's Resource Center			Confidential. If in danger or need to talk: Rape Crisis Hotline: 701-5540	364-9424	wrcnormanok.org
Women's Sanctuary Day Shelter	425 Tonhawa		M-F, 8:30-4:00 Showers, laundry, computer, children play area, help with ID and GED	701-8248	

Transition House thouse.org	700 Asp Ave. #2	Transitional living program for adults w/mental illness	360-7926	
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TRANSPORTATION

CART	510 E Chesapeake	*CART ACCESS (Curb to Curb transit for elderly/disabled) Must book one day in advance Low inc indiv that qualify can apply online for subsidized bus passes. Must have valid ID. M-F 8-5. CARTaccess@ou.edu (\$1.50 zone 1, \$3.50 zone 2)	325-2278 325-5438	www.rideCART.com
First Baptist Church (Bicycles)	211 W Comanche	Cleveland Co. residents. Photo ID required (Call for appointment)	321-1753	
Kiwanis Cruiser (Aging Services)	1179 E Main	60 & up and/or (disabled 18 & up) donation (Runs 8:30 – 3:45 M-F) Walmart (Wed.) 24 hr reserv.	321-3200	
LifeSpring Church	600 W. Tecumseh	1st Sat. 10:00-11:00 am Non-perishable food;limited amount of \$15 gas cards (w/driver's license); help with rent/utilities	292-7770 / 329-5439	lifespringnorman.com
Mission Norman	2525 E Lindsey	Food pantry, Tranistional Housing (6-12 months)	321-8880	
St. John Episcopal	235 W. Duffy	Emergency financial needs	405-321-3020	
Sooner Ride (Medicaid # required)		Call from 7-8:00pm M-F with complete address/phone (doc apt. required); for medical apts must reserve 3 days ahead. Can also reserve online at: member.logisticare.com	1-877-404-4500	